

## MEET THE TEAM



**Dr. Shah-Jalal Sarker**  
Project Supervisor

Shah-Jalal is a Lecturer of Biostatistics at Queen Mary, University of London. He holds a PhD in Statistics and an MSc in Epidemiology MSc in Statistics and postgraduate certificate in Academic Practice (PGCAP). Shah-Jalal has received many academic awards highlighting his successful academic endeavours. He is a fellow of The Higher Education Academy and has published more than 25 journal articles.



**Farzana Lima Ahmad**  
Co ordinator

Lima is a Law LLB graduate and has completed the Legal Practice Course (LPC) at the College of Law. At present, she works at Copper Stone Solicitors and is extremely passionate about family law. She enjoys making a positive contribution towards youth and community-based work.



**Fayeka Akther Chowdhury**  
Co ordinator

Fayeka is a Law LLB graduate and has completed the BPTC at City Law School. She was awarded an Exhibition Award from the Honourable Society of the Inner Temple. At present, she works as a paralegal and Family Law advocate.



**Maruf Ahmed**  
Member

Maruf has 11 years of experience of working within the Education department of local authorities. He completed his BA (Hons) in Community Management at the University of Luton. Maruf worked for BBC Three Counties Radio as a presenter & programme producer. He is currently working for Local Government as an Attendance & Welfare Advisor. In 2005, Maruf was awarded a Special Community Achievement Award in recognition of his youth and community work.



**Muhammad Muhib Rahmani**  
Member

Muhammad is a social worker. He completed a BA (Hons) in Social Work at Middlesex University, London. He currently works as a social worker for Tower Hamlets Council. As a result of his outstanding service, he was awarded the Best Employee of Tower Hamlets Council s Award (2009) and Best Directorate Employee at Tower Hamlets Council Award (2009 and 2011).



**Mohammed Khaled Noor**  
Member

Khaled is a Barrister (N/P) and Solicitor of England & Wales. He holds an LLB (Hons) and also an Honours and Masters degree in Sociology. He is the founder and chief co-ordinator of the Muslim Professionals Forum (MPF). Khaled is an active community worker and has been involved with many voluntary, professional and community organisations. He is the principal of Noor Law Association; specialists in immigration and human rights law.

# Muslim Professionals Forum

## Professional Careers Mentoring Scheme

*'Empowering today's youth  
... for a better tomorrow'*



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A common platform for Professionals

# 'Empowering today's youth

... for a better tomorrow'

## WHAT IS MENTORING

"An informal or formal process of support by an experienced and trusted adviser" - Oxford Dictionary

Mentoring is a powerful personal development and empowerment tool. It is described as a personal enhancement strategy through which one experienced person or individual facilitates the development of another by sharing his/her expertise, skills and perspective with an aim to help the learner to progress in his/her career development.

## PURPOSE OF MENTORING

Mentoring is a voluntary but helpful relationship between mentor and mentee based upon mutual trust and respect. It provides the mentee with an opportunity to think about their career progression, help them to explore new ideas, believe in them and to boost their confidence. Conversely, it provides the mentor to further enhance his/her skills and knowledge in those areas by continuously reassessing.

## WHO ARE PCMS?

The Professional Careers Mentoring Scheme (PCMS) is a project of the Muslim Professionals Forum (MPF). MPF was established in 2008 and is an independent and non profit organisation.

MPF recognised the need for a mentoring project in Tower Hamlets in order to tackle the high level of unemployment in under-25s and bring together professionals with students from disadvantaged backgrounds.

The scheme is open to Year 12 students of all abilities and hopes to help students to consider the possible career routes available to them after completion of their studies.

## AIMS & OBJECTIVES

- To provide students with the opportunity to consider some of the careers paths available to students after study
- To give students the opportunity to network with professionals who have done well in their chosen careers.
- To help students gain an understanding of the different routes that can be taken before getting a job.

## BENEFITS TO STUDENTS

- Insight into their career
- Practical tips on career development
- Career planning
- Encouraging reflection
- Improving self-confidence



## INTERESTED?

If you have any queries or would like further information regarding the mentoring project, please contact us at [mentoring@muslimprofessionalsforum.org.uk](mailto:mentoring@muslimprofessionalsforum.org.uk)